



# Join us at your School Nurse Hub for parents

We provide confidential, professional support with any concerns you may have for your child including healthy lifestyle, diet and exercise, self-esteem and resilience, sleep, dental health and hygiene, anxiety and behaviour

Drop in for an informal chat or take the opportunity to meet other parents with similar worries

Your local hub: Mitcheldean School

GL17 0BS

- 8/12/2022 9am to 10am
- Topic: Behaviour
- [www.ghc.nhs.uk/our-teams-and-services/school-nursing/hub](http://www.ghc.nhs.uk/our-teams-and-services/school-nursing/hub)

