

PSHE and wellbeing long-term plan based on SCARF half-termly units and related key themes (Units include lesson plans that cover all the DfE statutory requirements for Relationships Education and Health Education)

Year/Half-termly unit titles	1: Autumn 1 Me and my Relationships	2: Autumn 2 Valuing Difference	3: Spring 1 Keeping Safe	4: Spring 2 Rights and Respect	5: Summer 1 Being my Best Self	6: Summer 2 Growing and Changing
Pre-school: Year A and B	Marvelous me! I'm special. People who are special to me.	Me and my friends. Friends and family. Including everybody.	People who keep me safe. Safety indoors and outdoors. What's safe to go into my body?	Looking after myself. Looking after others. Looking after the environment.	What does my body need? I can keep trying I can do it!	Growing and changing When I was a baby. Girls, boys and families.
Class One: Year A and B EYFS curriculum	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages Girls and boys – similarities and difference SRE
Class Two Year A: 2023-24 Year 1 curriculum	Feelings Getting help Classroom rules Special people Being a good friend	Recognizing, valuing and celebrating difference Developing respect and accepting others Bullying and getting help	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep	Taking care of things: Myself My money My environment	Growth Mindset Healthy eating Hygiene and health Cooperation	Getting help Becoming independent My body parts Taking care of self and others SRE
Class Two Year B: 2024-2025 Y2 curriculum	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Being kind and helping others Celebrating difference People who help us Listening Skills	Safe and unsafe secrets Appropriate touch Medicine safety	Cooperation Self-regulation Online safety Looking after money – saving and spending	Growth Mindset Looking after my body Hygiene and health Exercise and sleep	Life cycles Dealing with loss Being supportive Growing and changing Privacy SRE
Class Three Year A: 2023-2024 Y3 Curriculum	Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss	Recognising and respecting diversity Being respectful and tolerant My community	Managing risk Decision-making skills Drugs and their risks Staying safe online	Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money	Keeping myself nealthy and well Celebrating and developing my skills Developing empathy	Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets SRE

	Legthy relationships	Decomising and	Managing rick	Making a difference	Llaving choices and	Rody observe during
Class Three Year B: 2024-2025	Healthy relationships Listening to feelings	Recognising and celebrating difference	Managing risk Understanding the	(different ways of helping	Having choices and making decisions	Body changes during puberty
D. 2024-2025	Bullying	(including religions and	norms of drug use	others or the	about my health	Managing difficult
Y4 Curriculum	Assertive skills	cultural difference)	(cigarette and alcohol	environment)	Taking care of my	feelings
		Understanding and	use)	Media influence	environment	Relationships including
		challenging stereotypes	Influences	Decisions about	My skills and interests	marriage
			Online safety	spending money		SRE
	Feelings	Recognising and	Managing risk,	Rights, respect and	Growing	Managing difficult
Class Four Year A:	Friendship skills,	celebrating difference,	including online	duties	independence and	feelings
2023-24	including compromise	including religions and	safety	relating to my health	taking ownership	Managing change
VE Comission	Assertive skills	cultural	Norms around use of		Keeping myself healthy	How my feelings help
Y5 Curriculum	Cooperation Recognising emotional	Influence and pressure	legal drugs (tobacco,	Decisions about lending, borrowing and spending	Media awareness and safety	keeping safe Getting help
	needs	of social media	alcohol)	bollowing and spending	My community	SRE
	needs		Decision-making skills			SKE
	Assertiveness	Recognising and	Understanding	Understanding media	Aspirations and goal	Coping with changes
Class Four Year B:	Cooperation	celebrating difference	emotional needs	bias, including social	setting	Keeping safe
2024-2025	Safe/unsafe touches	Recognising and	Staying safe online	media	Managing risk	Body Image
V.C.umieulum	Positive relationships	reflecting on prejudice-	Drugs: norms and risks	Caring: communities and the environment	Looking after my mental health	Sex education Self-esteem
Y6 Curriculum		based bullying Understanding Bystander	(including the law)	Earning and saving	meniai nealin	SRE
		behaviour		money		JKL
		Gender stereotyping		Understanding		
				democracy		
My Happy Mind	Class Assembly:	Class Assembly:	Class Assembly:	Class Assembly:	Class Assembly:	Class Assembly:
modules	Meet your Brain	Meet your Brain	Meet your Brain	Meet your Brain	Meet your Brain	Meet your Brain
. 👷 💶	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate
	Appreciate Relate	Appreciate Relate	Appreciate Relate	Appreciate Relate	Appreciate Relate	Appreciate Relate
	Engage	Engage	Engage	Engage	Engage	Engage
10000 30 37	LIGUGE	LIIGUGE	Linguge	Linguge	LIIGUGE	LIGUGE
Feel good days				all matters that affect them, o		
linked to				o access all kinds of informati		
Rights Respecting Values.		their own and other culture		es to the full. It must encourag	e me child's respect for H	uman kignis, as well as
Focus on Mental	13 th September –		5 th -11 th February-	9 th March - International	16 th May – Global	17 th June- Learning
Health &	Positive thinking day	Kindness day	Children's Mental	Woman's day	accessibilities day	disability week
wellbeing,		-	Health week		-	
diversity, equality	21 st September –	17 th November –		20 th March – International	12th-20th May- Mental	20 TH June- Refuge
& equity	Gratitude day	Friendship day	11 th -17 th February –	day of Happiness	Health awareness	awareness week
awareness.		10th Days and	Random Acts of		week	
	10 th October – Mental	10 th December-	Kindness week	22 nd April - Earth day	Eth lung Mard	1 st July- International
	Health day	International Human Rights day		March 2024: Mamon's	5 th June – World	Joke week!
	October 2023: Black			March 2024: Women's history month	Environment Day	30 th July – International
	History Month				June 2024: Pride	day of Friendship
					Month	
		1	1	1		1

Let's celebrate! Days of Religious,	Rights Respecting Values: Article 14: Every child has the right to think and believe what they want and practice their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights of parents to give their children information about this right.							
Faith and special significance.	Article 30: Every child has the right to learn and use language, customs and religions of their family, regardless of whether these are shared by the majority of the people in the country where they live.							
Linked to RE	15-17 th Septembe r- Rosh Hashanah Judaism	5 th November – Bonfire Night	21st January - World Religion day	8 th March – 10 th April Ramadan: Islamic	23 rd May – Vesak: Buddhist	21 st July – Asala day- Dharma Day: Buddhist		
	24-25 th September September - Yom	November 12 th - Remembrance Sunday	10 th February - Chinese New Year	31 st March- Easter: Christian				
	Kippur: Judaism	12 th November - Diwali: Hinduism	13 th February - Shrove Tuesday: Christian	25 th March- Holi: Hinduism				
	29 th September- 6 th			29 th March -1 st April				
	October - Sukkot: Judaism	7 th -14 th December - Hanukkah: Judaism	14 th February- Valentine's day	Eid Al Fitr: Islamic				
		8 th December – Bodhi day: Buddhist		Passover: Judaism				
		25 th December - Christmas Day: Christian						

Please note the dates are for 2023-24 and maybe subject to change.

Calendar links:

https://littleowls-premium.com/special-dates-calendar

Gloucester agreed syllabus for RE, SACRE:

https://www.gloucestershire.gov.uk/media/12290/gloucestershire-agreed-syllabus-2017-2022.pdf