

# WHAT TO EXPECT

## when you visit **The Forest foodbank**



When you arrive, the volunteers have **green tops** and will greet you and show you what to do

You will be asked for your name and voucher number by our admin



While your food parcel is being prepared, we will offer you a drink and a chat about any further support you may need



The volunteers will guide you to a table with toiletries, household products, extra food and pet food. These are in addition to your food parcel.



We have staff from Caring for Communities and People available for you to speak to.



Certain items such as tea/coffee/cereal etc can be swapped out to suit your tastes.

Our food parcels come in boxes. We can transfer into bags if needed. Please bring any bags you have with you



When you are ready, food bank staff will help you out with your boxes or bags.



If you would like more information, or to discuss your visit please call: 07775 265 263